

WRESTLING

TEAM CHAMPIONS

Year	Winner	Coach	Score	Runner-up	Coach	Score
1961	Mount Miguel	Ben Duea	Unknown	Escondido	Everett Wilson	Unknown
1962	Mission Bay	Elmer Runge	53	Mount Miguel	Stu Rubine	39
1963	Chula Vista	Robert Anderson	Unknown	Mount Miguel, and San Diego	Stu Rubine	Unknown
1964	Chula Vista	Robert Anderson	78	Monte Vista	Russ Boehmke	(Tie)
1965	Monte Vista	Norm Wooten	59	Chula Vista	Norm Wooten	57
1966	Monte Vista	Norm Wooten	50	Mount Miguel	Robert Anderson	54
1967	Monte Vista	David Fager	Unknown	Mount Miguel	Ned Blass	48
1968	Mount Miguel	Ned Blass	64	Monte Vista	Ned Blass	Unknown
1969	Monte Vista	Bill Clauder	99	Helix	Bill Clauder	55
1970	Monte Vista	Bill Clauder	76	Mount Miguel	Bob Lucas	73
1971	Mount Miguel	Ned Blass	72	USDHS	Ned Blass	70
1972	Mount Miguel	Ned Blass	78.5	Monte Vista	Richard Sherry	51
1973	Monte Vista	Bill Clauder	101	Orange Glen	Bill Clauder	63.5
1974	Monte Vista	Bill Clauder	Unknown	El Cajon Valley	John Woods	84
1975	Monte Vista	Bill Clauder	135.5	Patrick Henry	Dick Winn	Unknown
1976	Monte Vista	Bill Clauder	138	Grossmont	James Team	25.5
1977	El Camino	Dayle Mazzarella	117.5	Helix	Richard Arnold	79.5
1978	Poway	Al Dorris	153.5	Monte Vista	Dick Langston	91.5
1979	Monte Vista	Bill Clauder	131	Valhalla	Bill Clauder	134.5
1980	Monte Vista	Bill Clauder	146.5	Valhalla	Ned Blass	130
1981	Vista	Ken Kestner, Sr.	126.5	Monte Vista	Ned Blass	112
					Bill Clauder	119.5

CLASS 3A

Year	Winner	Coach	Score	Runner-up	Coach	Score
1982	Poway	Wayne Branstetter	255	Helix	Dick Langston	125
1983	Poway	Wayne Branstetter	245.5	Serra	Larry Penacho	203
1984	Poway	Wayne Branstetter	193	Monte Vista	William Clauder	165.5
1985	Poway	Wayne Branstetter	248	Mount Miguel	Russ Kusimoto	141
1986	Mount Miguel	Russ Kusimoto	182.5	Monte Vista	William Clauder	178
1987	Poway	Wayne Branstetter	278	Mt. Carmel	Rick Stratton	186
1988	Poway	Wayne Branstetter	250	Mt. Carmel	Joe Ismay	139.5
1989	Poway	Wayne Branstetter	240.5	Mt. Carmel	Jose Campo	202.5
1990	Poway	Wayne Branstetter	306.5	Mt. Carmel	Jose Campo	166
1991	Poway	Wayne Branstetter	257.5	San Dieguito	Dan Field	156.5
1992	Poway	Wayne Branstetter	291.5	Mt. Carmel	Jose Campo	128
1993	Poway	Wayne Branstetter	268	Granite Hills	Aaron Crecy	176.5

CLASS 2A

Year	Winner	Coach	Score	Runner-up	Coach	Score
1982	Serra	Larry Penacho	218.5	Orange Glen	Dennis Zabinsky	Unknown
1983	Monte Vista	Bill Clauder	247	Valhalla	Glen Takahashi	216
1984	Valhalla	Glen Takahashi	239.5	Orange Glen	Dennis Zabinsky	162.5
1985	Valhalla	Glen Takahashi	237	Orange Glen	Dennis Zabinsky	186
1986	Valhalla	Glen Takahashi	219.5	El Camino	Dayle Mazzarella	169.5
1987	Valhalla	Glen Takahashi	236.5	Helix	Dick Langston	155
1988	Helix	Dick Langston	170	Valhalla	Glen Takahashi	164
1989	Valhalla	Glen Takahashi	155.5	Serra	Glen Takahashi	164
1990	Valhalla	Glen Takahashi	257.5	Monte Vista	Sam Mason	152
1991	Valhalla	Glen Takahashi	242	Monte Vista	Bill Clauder	246.5
1992	Monte Vista	Russ Kusimoto	211	Valhalla	Russ Kusimoto	190
1993	Valhalla	Glen Takahashi	250	Escondido	Glen Takahashi	188.5
					Clay Clifford	170.5

CLASS 1A

Year	Winner	Coach	Score	Runner-up	Coach	Score
1982	Oceanside	Pat Kimbrel	213	El Camino	Dayle Mazzarella	184
1983	El Camino	Dayle Mazzarella	203.5	Carlsbad	Mark Nelson	201
1984	El Camino	Dayle Mazzarella	156.5	Escondido and San Marcos	Clay Clifford	152
1985	El Camino	Dayle Mazzarella	226.5	Escondido	Roger Hartman	(Tie)
1986	Clairemont	Jerry Knupple	223.5	Ramona	Clay Clifford	152
1987	Clairemont	Jerry Knupple	190.5	Escondido	Pete Purdy	200
1988	Clairemont	Jerry Knupple	196.5	Escondido	Clay Clifford	160.5
1989	Escondido	Clay Clifford	175.5	Escondido	Clay Clifford	160.5
1990	Mission Bay	Jerry Surdy	169.5	Oceanside	Pat Kimbrel	142
1991	Escondido	Clay Clifford	190.5	Escondido	Clay Clifford	144
1992	St. Augustine	Joseph Craig	171	Ramona	Tom Hacker	138.5
1993	Monte Vista	Bill Clauder	238	Madison	Mike Barnes	161.5
				Ramona	Steve Koch	184

WRESTLING

DIVISION I

Year	Winner	Coach	Score	Runner-up	Coach	Score
1994	Poway	Wayne Branstetter	243.5	Granite Hills	Aaron Crecy	172
1995	Poway	Wayne Branstetter	280.5	Mt. Carmel	Jose Campo	201
1996	Poway	Wayne Branstetter	301.5	Mt. Carmel	Jose Campo	159
1997	Poway	Wayne Branstetter	280	Valhalla	Glen Takahashi	241
1998	Poway	Wayne Branstetter	337	RB Vista	Marty Nellis	189
1999	Poway	Wayne Branstetter	314.5	Valhalla	Glen Takahashi	210.5
2000	Poway	Wayne Branstetter	290.5	RB Vista	Marty Nellis	250.5
2001	Poway	Wayne Branstetter	328.5	RB Vista	Marty Nellis	229.5
2002	Poway	Wayne Branstetter	285	Mt. Carmel	Joe Campo	224
2003	Poway	Wayne Branstetter	334.5	Vista	Chris Davis	175.5
2004	Poway	Wayne Branstetter	308	Fallbrook	Charlie Russell	189.5
2005	Poway	Wayne Branstetter	362	Vista	Chris Davis	262
2006	Poway	Wayne Branstetter	339	Vista	Chris Davis	220.5
2007	Poway	Wayne Branstetter	357.5	La Costa Canyon	Dwayne Buth	230.5
2008	Poway	Wayne Branstetter	327.5	RB Vista	Marty Nellis	198
2009	Poway	Wayne Branstetter	301.5	Vista	Chris Davis	183.5

DIVISION II

Year	Winner	Coach	Score	Runner-up	Coach	Score
1994	Monte Vista	Bill Clauder	207.5	Valhalla	Glen Takahashi	162
1995	Monte Vista	Bill Clauder	232	El Cajon Valley	Pete Grisafi	172
1996	Valhalla	Glen Takahashi	281.5	Monte Vista	Bill Clauder	194
1997	Monte Vista	Bill Clauder	204.5	El Cajon Valley	Pete Grisafi	195.5
1998	Valhalla	Glen Takahashi	292.5	Monte Vista	Steve Bulette	208
1999	Monte Vista	Steve Bulette	212	Ramona	Steve Koch	175
2000	Monte Vista	Steve Bulette	237.5	Ramona	Steve Koch	196.5
2001	Valhalla	Glen Takahashi	232.5	Monte Vista	Steve Bulette	226
2002	Monte Vista	Steve Bulette	251.5	Valhalla	Glen Takahashi	245
2003	Monte Vista	Steve Bulette	191	Eastlake	Troy Vierra	179.5
2004	La Costa Canyon	Dwayne Buth	199.5	Mt. Carmel	Jose Campo	188
2005	Mt. Carmel	Gail Miller	240	Mira Mesa	Jon Talbett	159.5
2006	Hilltop	Tim Tyler	202.5	Scripps Ranch	Matthew Becker	190
2007	Scripps Ranch	Matthew Becker	169	San Pasqual	Ron Rogers	160
2008	Mt. Carmel	Gail Miller	252	Westview	Perry Watson	161.5
2009	Mt. Carmel	Gail Miller	250	Hilltop	Thomas Juarez	221.5

DIVISION III

Year	Winner	Coach	Score	Runner-up	Coach	Score
1994	Ramona	Steve Koch	195	Crawford	Jim Vlassis	182
1995	Hilltop	Tim Tyler	178	Ramona	Steve Koch	172
1996	Santana	Buddy Wilkerson, Jr.	228	Holtville	Mike Johnston	175.5
1997	Hilltop	Tim Tyler	243.5	Santana	Buddy Wilkerson, Jr.	223.5
1998	Holtville	Michael Johnston	206.5	Hilltop	Tim Tyler	192.5
1999	Hilltop	Tim Tyler	175.0	Imperial	Pete Martinez	151.5
2000	Valley Center	Clay Clifford	230.0	Hilltop	Tim Tyler	178.5
2001	Brawley	Keith Smith	287.5	Ramona	Steve Koch	243.5
2002	Ramona	Steve Koch	280	Orange	Glen Dave Lavine	162.5
2003	Ramona	Steve Koch	228.5	Mar Vista	Bud Harbin	199.5
2004	Brawley	Tony Leon	275	Valhalla	Glen Takahashi	195.5
2005	Valhalla	Glen Takahashi	268	Monte Vista	Steve Bulette	195
2006	Brawley	Tony Leon	298	Mt. Carmel	Gail Miller	218.5
2007	Brawley	Tony Leon	299.5	Mt. Carmel	Gail Miller	258.5
2008	Brawley	Tony Leon	257.5	Steele Canyon	Dan Kida	213
2009	Steele Canyon	Danny Kida	252	Monte Vista	Steve Bulette	221

DIVISION IV

Year	Winner	Coach	Score	Runner-up	Coach	Score
2002	Brawley	Keith Smith	291	Valley Center	Clay Clifford	173
2003	Brawley	Keith Smith	253	Valley Center	Clay Clifford	118
2004	Valley Center	Clay Clifford	207	Palo Verde	Ian John	162
2005	Brawley	Tony Leon	273	Palo Verde	Ian John	
2006	Valley Center	Clay Clifford	228	Imperial	Pete Martinez	177
2007	Valley Center	Clay Clifford	198	Santa Fe Christian	Dave Schenk	150.5
				Santana		150.5
2008	Valley Center	Clay Clifford	235	Imperial	Terso Lara	169
2009	Brawley	Tony Leon	343.5	San Marcos	Brody Barrios	176.5

DUAL MEET

Year	Winner	Coach	Score	Runner-up	Coach	Score
1/26/91	Valhalla	Glen Takahashi	59	Escondido	Clay Clifford	10
2/01/92	Poway	Wayne Branstetter	58	San Dieguito	Dan Field	

STATE TOURNAMENT TEAM CHAMPIONS

1973 — Monte Vista 1985 — Valhalla 1986 — Poway
 1999 — Poway 2005 — Poway 2009 — Poway

TEAM RECORDS

Most Consecutive Unbeaten

149 — Poway (Wayne Branstetter, 1974-00)
 40 — Eastlake (Troy Vierra, 2000-05)
 29 — Valhalla (Glen Takahashi, 1984-87)
 29 — Morse (John Thompson, 1997-99)

Most Consecutive Victories

101 — Poway (1980-91)
 40 — Eastlake (2000-05)
 35 — Hilltop
 29 — Morse (1997-99)
 22 — Valhalla (2/03/83-1/16/86)

Most Consecutive Wins (League)

114 — Poway (1980-00)
 35 — Hilltop (1997-2000)
 33 — Escondido (1/30/92-1/09/97)
 31 — Escondido (2/03/86-1/17/91)
 29 — Valhalla (2/03/83-2/05/87)
 22 — Valhalla (1/28/88-2/11/93)

Most Consecutive Unbeaten (League)

114 — Poway (1974-93)
 28 — Hilltop (1997-2000)

Most League Championships or Co-Championships

35 — Poway (Palomar, 1975-1999, 2001-09)
 21 — Monte Vista (Grossmont 2A and 3A, 1961-94)
 16 — Hilltop (Metro, 1980-00, 2003-06)
 11 — Madison (Eastern, Western, Central, 1961-83)
 11 — Morse (Eastern, 1966-99)
 11 — Patrick Henry (Eastern, 1971-2002)
 11 — Clairemont (Western, Harbor, 1964-2004)
 10 — Mission Bay (Western, 1961-93)
 10 — Mira Mesa (Eastern, Western, 1977-2005)
 9 — Valhalla (Grossmont 2A, 1984-93)
 9 — Escondido (Avocado, 1987-95)
 8 — Hoover (Central, 1961-92)

Most Consecutive League Championships or Co-Champs

25 — Poway (Palomar, 1975-99)
 10 — Escondido (Avocado, 1987-96)
 7 — Poway (Palomar, 2001-07)
 5 — Hoover (Central, 1987-91)
 5 — Patrick Henry (Eastern, 1971-75)
 5 — Clairemont (Western, 1985-89)
 4 — Hilltop (Metro, 1997-00 & 2003-06)
 4 — Eastlake (2001-05)

Most Section/Divisional Championships

28 — Poway (1978, 82-85, 87-09)
 21 — Monte Vista (1965-67, 69-70, 73-76, 79-80, 83, 92, 93-95, 97, 99, 2000, 2002-03)
 12 — Valhalla (1984-87, 89-91, 93, 96, 98, 2001, 05)
 9 — Brawley (2001-09)
 5 — Mt. Miguel (1961, 68, 71, 86)
 5 — Valley Center (2000, 04, 06-08)
 4 — El Camino (1977, 1983-85)
 4 — Hilltop (1995, 97, 99, 2006)
 3 — Clairemont (1986-88)
 3 — Ramona (1994, 2002-03)

Most State CIF Championships

4 — Poway (Wayne Branstetter, 1986, 1999, 2005)
 1 — Monte Vista (Bill Clauder, 1973)
 1 — Valhalla (Glen Takahashi, 1985)

Most State CIF Place Winners (History)

112 — Poway (1977-08)
 36 — Valhalla (1979-99)
 34 — Monte Vista (1973-99)
 15 — Rancho Buena Vista
 14 — Mt. Carmel (1981-99)
 17 — Vista (1973-97, 2006-08)
 10 — El Cajon Valley (1973-97)
 10 — El Camino (1977-93)
 9 — Granite Hills (1985-95)
 9 — Calexico
 8 — Mt. Miguel (1973-99)

Most State CIF Place Winners (Season)

6 — Poway (2003, 2005)
 5 — Poway (1986, 2006)
 5 — Monte Vista (1973)
 4 — Poway (1997, 1998, 1999, 2002, 2008)
 4 — Valhalla (1998)
 4 — Rancho Buena Vista (2001)
 3 — Poway (1988, 1990, 1991, 1992, 1993, 1996, 2000, 2001, 2004)
 3 — Valhalla (1983, 1984, 1985, 1991)
 3 — Monte Vista (1974, 1975)
 3 — Helix (1997)
 3 — Granite Hills (1987)

Most Points Scored (Meet)

84 — Hilltop vs. Southwest (1995)
 84 — Hilltop vs. Sweetwater (0), (2/11/99)
 84 — University City vs. USDHS (1/11/01)
 82 — University City vs. Montgomery (12/2/00)
 82 — University City vs. Army-Navy (12/7/00)
 78 — Valhalla vs. Santana (0), (12/12/85)
 78 — Poway vs. Montgomery (0), (12/86)
 78 — Morse vs. St. Augustine (1997)
 78 — Poway vs. Sonora (0), (12/89)
 78 — Hilltop vs. Southwest (0), (1/14/99)
 76 — Hilltop vs. Castle Park (1995)
 74 — Poway vs. La Costa Canyon (3), (1/12/06)
 74 — Patrick Henry vs. San Diego (6), (1/20/06)

Average Victory Margin (Season)

51.1 — Poway (18-0, 1993)
 50.1 — Poway (15-0, 1990)
 47.5 — Valhalla (10-0, 1991)
 39.3 — Morse (6-0, 1999)
 35.5 — Valhalla (8-0, 1985)
 35.0 — Valhalla (8-0, 1984)
 32.5 — Hilltop (7-1, 1997)
 28.0 — Valhalla (7-0-1, 1986)
 25.5 — Morse (18-0, 1998)
 24.07 — University City (11-3, 2001)

Most Falls (Season)

167 — Valhalla (1986)
 166 — Patrick Henry (1974)
 159 — Mar Vista (2002)
 157 — Valhalla (1985)
 156 — University City (2001)
 154 — Valhalla (1991)
 151 — La Jolla (1996)
 147 — Valhalla (1984)
 136 — Valhalla (1989)
 135 — Morse (1998)

Most Falls (Meet)

13 — Valhalla vs. Santana (12/12/85)
 12 — Valhalla vs. Santana (1982)
 11 — Patrick Henry vs. Poway (1973)
 11 — Valhalla vs. El Cajon Valley (1991)
 11 — Hilltop vs. Eastlake (1997)
 9 — University City vs. Montgomery (12/2/00)
 9 — University City vs. USDHS (1/11/01)

INDIVIDUAL RECORDS

Most Victories (Career)

- 191 — Ryan Williams, La Costa Canyon (2001-2004)
- 181 — Thomas Juarez, Montgomery (1994-97)
- 176 — Patrick Payne, Poway (2000-2003)
- 164 — Willie J. Jones, Lincoln Prep (1991-94)
- 163 — Brody Barrios, Poway (1997-00)
- 162 — Ryan Halsey, RB Vista (1998-01)
- 159 — Richard Bailey, Valhalla & Monte Vista (1982-85)
- 159 — Andy Kim, Poway (1998-01)
- 158 — Keith Kroeger, Granite Hills (1998-01)
- 156 — Leo Perez, San Dieguito & LC Canyon (1994-97)
- 152 — Mark Gerardi, Valhalla (1987-87)
- 152 — Juan Mora, RB Vista (1998-01)

Most Victories (Season)

- 54 — Jason Hendrick, Valhalla (1991)
- 53 — Brody Barrios, Poway (2000)
- 52 — Ryan Williams, La Costa Canyon (2004)
- 51 — Ryan Williams, La Costa Canyon (2003)
- 50 — Justin Woodruff, Poway (1996)
- 48 — Russ Magoffin, Valhalla (1991)
- 48 — Mike Berry, Valhalla (1992)
- 48 — Ross Funches, Poway (1992)
- 47 — Mark Gerardi, Valhalla (1987)
- 47 — Patrick Mack, Valhalla (1991)
- 47 — Willie J. Jones, Lincoln Prep (1993)
- 47 — Willie J. Jones, Lincoln Prep (1994)

Most Consecutive Victories

- 128 — Mark Gerardi, Valhalla (1987-87)
- 46 — Tom Schavrien, Poway (2006)
- 45 — Russell Yip, Patrick Henry (1975)
- 45 — John Haas, Poway (1992)
- 34 — David Gates, Morse (1994)
- 33 — David Gates, Morse (1993)
- 33 — Randy Blackwood, West Hills (1998)
- 30 — Robert Tabinga, Mt. Miguel (1998)
- 23 — Ryan Hunt, Hilltop (1997)
- 23 — Brian Pogue, La Costa Canyon (1998)
- 23 — Mike Betancourt, Rancho Buena Vista (1997)
- 22 — Ryan Tate, Mt. Carmel (1995)
- 22 — Naiche Kennedy, La Jolla (1996)

Most Points (Career)

- 1,016 — Mark Gerardi, Valhalla (1984-87)
- 791.5 — Jake Roberts, Valhalla (1990-93)
- 774 — Jason Hendricks, Valhalla (1988-91)
- 754 — David Gates, Morse (1992-94)
- 727.5 — Patrick Mack, Valhalla (1988-91)
- 668 — Randy Blackwood, West Hills (1995-98)
- 552.5 — Jake Roberts, Valhalla (1989-92)
- 539 — Shawn Diamond, San Dieguito (1987-89)
- 538.5 — Russ Magoffin, Valhalla (1990-91)

Most Points (Season)

- 321 — Mark Gerardi, Valhalla (1987)
- 304 — Jason Hendricks, Valhalla (1991)
- 288.5 — Russ Magoffin, Valhalla (1991)
- 278 — Mark Gerardi, Valhalla (1985)
- 271.5 — Vic Gerardi, Valhalla (1985)
- 270 — Rich Bailey, Valhalla (1985)
- 270 — David Gates, Morse (1994)
- 266 — Patrick Mack, Valhalla (1991)

Most Takedowns (Career)

- 350 — Thomas Juarez, Montgomery (1994-97)
- 326 — Mike Metzger, Carlsbad (1990-94)
- 291 — Eric Stayten, RB Vista (1996-98)
- 250 — Leo Perez, San Dieguito & LC Canyon (1994-97)

- 245 — Willie J. Jones, Lincoln Prep (1991-94)
- 243 — Russell Yip, Patrick Henry (1974-75)
- 222 — Jay Penacho, San Dieguito (1985-87)
- 210 — Robert Asamoto, San Dieguito & LC Canyon (1994-97)
- 206 — Naiche Kennedy, La Jolla (1993-96)

Most Takedowns (Season)

- 167 — Eric Stayten, RB Vista (1998)
- 150 — Thomas Juarez, Montgomery (1997)
- 141 — Russell Yip, Patrick Henry (1975)
- 124 — Mike Metzger, Carlsbad (1994)
- 124 — Eric Stayten, Rancho Buena Vista (1997)
- 119 — Naiche Kennedy, La Jolla (1996)
- 116 — Leo Perez, La Costa Canyon (1997)
- 114 — Ron Magtanong, Rancho Bernardo (1998)
- 114 — Ryan Tate, Mt. Carmel (1995)
- 109 — Leo Perez, San Dieguito (1996)
- 108 — Jay Penacho, San Dieguito (1988)

Most Falls (Career)

- 111 — Willie J. Jones, Lincoln Prep (1991-94)
- 100 — Carey Farkas, Poway (1989-92)
- 93 — Randy Blackwood, West Hills (1996-99)
- 89 — Mark Gerardi, Valhalla (1984-87)
- 59 — Chris Angelo, Hilltop (1998-2001)
- 85 — Ryan Hunt, Hilltop (1994-97)
- 80 — Shawn Diamond, San Dieguito (1987-89)
- 78 — David Gates, Morse (1992-94)
- 77 — Ryan Tate, Mt. Carmel (1993-96)
- 66 — Leo Perez, La Costa Canyon (1994-97)

Most Falls (Season)

- 45 — Zdravko Divjak, Poway (1996)
- 40 — Corey Farkas, Poway (1992)
- 36 — Willie J. Jones, Lincoln Prep (1993)
- 36 — Ryan Hunt, Hilltop (1997)
- 36 — Randy Blackwood, West Hills (1997)
- 35 — Willie J. Jones, Lincoln Prep (1994)
- 33 — Randy Blackwood, West Hills (1997)
- 32 — Shawn Diamond, San Dieguito (1989)
- 30 — Frank Stinton, Patrick Henry (1975)
- 30 — David Gates, Morse (1994)

Fastest Fall

- 4' — Danny Chiu, Escondido (1997)
- 4' — Justin Oswalt, Mission Hills (2008)
- 5' — Steve Lee, Poway (1993)
- 6' — Jeff Strick, West Hills (1996)
- 7' — Mike Betancourt, RB Vista (1996)
- 7' — Mark Beeson, Valhalla (1991)
- 8' — Jim Robbins, San Dieguito (1987)
- 8' — Jay Penacho, San Dieguito (1988)
- 8' — Levi Harbin, Mar Vista (1993)
- 9' — Harold Jones, Poway (1985)
- 9' — Tony Matteucci, Poway (1989)
- 9' — Corey Farkas, Poway (1992)
- 9' — Chris Long, Morse (1981)
- 9' — Ramsey Dababneh, Mar Vista (2002)

Most State CIF Place Winners (Career)

- 3 — Mark Gerardi, Valhalla (1984-87)
- 3 — Jason Hendricks, Valhalla (1988-91)
- 3 — Richard Bailey, Valhalla (1988-92)
- 3 — Brady Barrios, Poway (1998-00)
- 3 — Levi Harbin, Mar Vista (1993-95)

Most State CIF Championships (Career)

- 3 — Mark Gerardi, Valhalla (1985-87)
- 2 — John Grubbs, El Camino (1986-87)
- 2 — Brody Barrios, Poway (1999-00)
- 2 — Paul Baird, Poway (2002-03)
- 2 — Anthony Meza, Vista (2007-08)

WRESTLING

WEIGHT CLASS CHAMPIONS

1961

Wt.	Name, School
95	John Sickerson, Point Loma
103	Ken Imaizumi, Escondido
112	Jim Sunbury, Mt. Miguel
120	Jerry Blair, Helix
127	Jim Cherbak, Lincoln Prep
133	Chet Phillips, Granite Hills
138	Randy Veal, Mt. Miguel
145	Odis Cochran, Chula Vista
154	Jim Welty, Mt. Miguel
165	Jack Slayton, Mission Bay
180	Ed Hoffman, Coronado
Hwt.	Tim Hundley, Escondido

1962

Wt.	Name, School
95	Bill Taylor, Mt. Miguel
103	Jack Sawatzki, Mission Bay
112	John Zook, Point Loma
120	Charles Cassani, Hilltop
127	Manuel Vierra, Hilltop
133	Roger Pickens, Mt. Miguel
138	George Ward, Helix
145	Dave Bengston, Vista
154	Bob Boynton, Point Loma
165	Dennis Bowman, Crawford
175	Pat Curran, Monte Vista
Hwt	Tom Melega, Monte Vista

1963

Wt.	Name, School
95	Tom Cloyes, Grossmont
103	Lindsey Cerney, Mission Bay
112	Ron Batty, Chula Vista
120	Roy Hahn, Chula Vista
127	Mike Martin, Chula Vista
133	Bruce Walker, Point Loma
138	Mel Duarte, Grossmont
145	J. Robinson, Mt. Miguel
154	Art Straite, El Capitan
165	Jimbo Stevens, Mt. Miguel
175	Ed Hoffman, Coronado
Hwt	John Melega, Monte Vista

1964

Wt.	Name, School
95	Tom Blackman, Monte Vista
103	Roy Garcia, Sweetwater
112	Ron Batty, Chula Vista
120	John Hahn, Chula Vista
127	Roy Hahn, Chula Vista
133	Jim Kida, Monte Vista
138	Mel Duarte, Grossmont
145	Mike Rudluff, Mt. Miguel
154	Jerry Robinson, Mt. Miguel
165	Jimbo Stevens, Mt. Miguel
175	James Snow, San Diego
Hwt	Jim Palmer, Hilltop

1965

Wt.	Name, School
98	Tom Blackman, Monte Vista
106	Romero Sandoval, Lincoln Prep
115	Carlos Gallegos, Chula Vista
123	Samuel Tharpe, San Diego
130	John Hahn, Chula Vista
136	Jim Kida, Monte Vista
141	Greg Vigil, Chula Vista
148	Brian Yale, Monte Vista
157	Pat Farmer, Vista
168	Larry Johnston, Granite Hills
183	Bill Hoffman, Coronado
Hwt	Dan Fulkerson, Kearny

1966

Wt.	Name, School
98	Dan Kida, Monte Vista
106	John Denham, Morse
115	Jimmy Finster, Morse
123	Glen Takahashi, Monte Vista
130	Cory Francis, Helix
136	Glenn Davis, El Capitan
141	Alex Fousek, Monte Vista
148	Don Westerfield, El Cajon Valley
157	Pat Miller, Kearny
168	Damon Zumwalt, Sweetwater
183	Ronald Nix, San Diego
Hwt	Steve Blash, La Jolla

1967

Wt.	Name, School
98	Dan Kida, Monte Vista
106	Charles Howell, Santana
115	Romero Sandoval, Lincoln Prep
123	Mike Ito, Morse
130	Glen Takahashi, Monte Vista
136	Ned Fousek, Monte Vista
141	Jerry Robinson, Mt. Miguel
148	Clifford Small, Morse
157	Al Williamson, Helix
168	Ray Marquez, San Marcos
183	Tim Turner, San Dieguito
218	George Brown, Granite Hills

1968

Wt.	Name, School
98	Gary Gilbert, Monte Vista
106	Dan Kida, Monte Vista
115	Donald Wiles, Helix
123	James Carpenter, Madison
130	Pedro Sandoval, San Diego
136	Jesus Moya, San Diego
141	Duane Conta, Mt. Miguel
148	John Hardy, Castle Park
157	Mike Harden, Mt. Miguel
168	Al Williamson, Helix
183	Robert Jacobsen, Mt. Miguel
218	Phillip Adair, San Diego

1969

Wt.	Name, School
98	Ed Calugay, Sweetwater
106	Jim Steiger, Madison
115	Dan Kida, Monte Vista
123	Richard Ortega, Morse
130	Bill Kramer, Mt. Miguel
136	Larry Davidson, Helix
141	Larry Millard, Monte Vista
148	Mike Whillock, Helix
157	Chris Ehrentraut, Helix
168	Bill Funke, Grossmont
183	Joe Amaral, USDHS
218	John Tancil, Monte Vista

1970

Wt.	Name, School
98	Dale Siscon, Mt. Miguel
106	Steve Wood, El Cajon Valley
115	Fred Taylor, Mt. Miguel
123	Richard Ortega, Morse
130	Mike Blocker, Monte Vista
136	Gary Nutting, Monte Vista
141	Jeff Howell, Santana
157	Fouquette, Chula Vista
168	Randy Evertsen, Madison
178	Wayne Nickerson, San Dieguito
194	Jackson, Mt. Miguel
Hwt	F. Proctor, Grossmont

1971

Wt.	Name, School
98	Jerry Bullary, Sweetwater
106	Dale Siscon, Mt. Miguel
115	Jim Hamada, San Dieguito
123	Steve Wood, El Cajon Valley
130	Bob Blocker, Point Loma
136	Robert Cesena, Helix
141	Jeff Howell, Santana
148	Mark Schruoff, Mt. Miguel
157	Jeff Huyett, Grossmont
168	Gregg Robinson, Mt. Miguel
178	Wayne Nickerson, San Dieguito
194	Tom Gillcrist, USDHS
Hwt	Tom Silsby, Orange Glen

1972

Wt.	Name, School
98	Terry Drew, Grossmont
106	Villareal, Mt. Miguel
115	Chavez, Oceanside
123	Miguel Cesna, Mt. Miguel
130	Bob Blocker, Point Loma
136	Robbie Hudson, Monte Vista
141	Chip Swanson, Helix
148	Matt Taylor, Monte Vista
157	Pete Grisafi, El Cajon Valley
168	Dennis Zabinski, Orange Glen
178	David Goger, Escondido
194	Steve Meyer, Monte Vista
Hwt	Peter Caulk, Coronado

WEIGHT CLASS CHAMPIONS

1973

Wt.	Name, School
98	John Siscon, Mt. Miguel
106	Terry Drew, Grossmont
115	Joe Ibarra, Sweetwater
123	David Broadwolf, Monte Vista
130	Miguel Cesena, Mt. Miguel
136	Robert Viera, El Cajon Valley
141	Robbie Hudson, Monte Vista
148	Matt Taylor, Monte Vista
157	Warren Nikuls, Orange Glen
168	Lloyd Taylor, Sweetwater
178	Dennis Zabinski, Orange Glen
194	Charles Poma, San Marcos
Hwt	Dan Allen, Mt. Miguel

1974

Wt.	Name, School
98	Tim Hallinan, El Cajon Valley
106	Tom Mount, Mt. Miguel
115	Jeff Fleury, Monte Vista
123	Russell Bowen, Santana
130	Tim Schramm, Chula Vista
136	Mike Hoody, Monte Vista
141	Marquis, El Cajon Valley
148	Allen Michael, Helix
157	Kim Schnauts, USDHS
168	Maskell, Mar Vista
178	Heid, San Pasqual
194	Scott Moore, Granite Hills
Hwt	Ernest Bingelli, Madison

1975

Wt.	Name, School
98	Tad Overmire, Orange Glen
106	Ed Dilbeck, Orange Glen
115	Tom Mount, Mt. Miguel
123	Rick Fileman, Poway
130	Russell Yip, Patrick Henry
136	Jose Moreno, Granite Hills
141	Jeff Fleury, Monte Vista
148	Ron O'Bard, Monte Vista
157	Jeff Summerour, Poway
168	Jesse Cabbil, Oceanside
178	Steve Sawyer, Oceanside
194	Tim Hoskins, Clairemont
Hwt	Dean Wilson, Monte Vista

1976

Wt.	Name, School
98	Alfred Macias, Clairemont
106	Ludwig, El Capitan
115	Tom Herlihy, Helix
123	Terry Drew, Grossmont
130	Tom Mount, Mt. Miguel
136	Chris Benintende, El Cajon Valley
141	Child, Orange Glen
148	Ron O'Bard, Monte Vista
157	Tim Morin, Carlsbad
168	Parson, Mar Vista
178	King, Hilltop
194	Cameron Herrick, Monte Vista
Hwt	Funke, Grossmont

1977

Wt.	Name, School
98	Tony Arellano, Helix
106	Marcus Sims, El Camino
115	Rich Welch, Monte Vista
123	Tom Herlihy, Helix
130	Carter, Grossmont
136	David Harrison, El Camino
141	Dorman, El Camino
148	Eric Gritz, El Capitan
157	Kerry Hiatt, Poway
168	Bruce Ognibene, USDHS
178	J.J. Gracio, Marian Catholic
194	Jim Reeves, Monte Vista
Hwt	Ernie Velton, Helix

1978

Wt.	Name, School
98	John Cruse, Monte Vista
106	Tony Arellano, Helix
115	Micky Ruis, El Capitan
123	Marcus Sims, El Camino
130	Tim Parks, El Cajon Valley
136	Joe Ismay, Mar Vista
141	Eric Blakeslee, Vista
148	Glade Bacon, Monte Vista
157	Kerry Hiatt, Poway
168	Kevin Woods, Poway
183	Lloyd Babineau, El Cajon Valley
194	Phil Opstad, Poway
Hwt	Paul Esquibel, Valhalla

1979

Wt.	Name, School
98	Billy LaFontaine, El Cajon Valley
106	Mike Cox, Monte Vista
115	Mikey Ruiz, El Capitan
123	John Brause, USDHS
130	Rich Welch, Monte Vista
136	Greg Williams, USDHS
141	John Freeman, El Camino
148	Mike Hartley, El Cajon Valley
157	Ron Boehmke, Valhalla
168	Mike Shering, Valhalla
183	Kevin Olmstead, El Camino
194	Bill Fallon, Carlsbad
Hwt	Rodney Fowler, Valhalla

1980

Wt.	Name, School
98	Bob Elsasser, Carlsbad
106	Billy LaFontaine, El Cajon Valley
115	Frank Meyer, Mt. Empire
123	Brian Riley, Serra
130	John Guiliano, El Cajon Valley
136	Richard Welch, Monte Vista
141	Robert Cook, Serra
148	Lance Revenaugh, Valhalla
157	Ron Boehmke, Valhalla
168	Ken Kestner, Vista
183	Curt Gibson, Valhalla
194	Don Knaresboro, El Cajon Valley
Hwt	Robert Connolly, Poway

1981

Wt.	Name, School
101	Tim Flynn, Vista
108	Ken Defries, Monte Vista
115	Bob Elsasser, Carlsbad
122	Max Leimgruber, Holtville
129	Digo Cooper, Hilltop
135	Gary Thornburg, Holtville
141	Mike Rowden, San Dieguito
148	Ray Bellarosa, Mt. Carmel
158	Rick Tweet, Monte Vista
170	Ken Kestner, Vista
188	David Vurik, Vista
203	Dan Faasomala, Carlsbad
Hwt	Steve Howe, Monte Vista

1982

Wt.	Name, School
101	John Galkowski, Valhalla
108	Mark Harrington, Serra
115	Adrian Rodriguez, Helix
122	Luis Loya, Oceanside
129	Glenn Martins, Poway
135	Norm LaComb, Poway
141	Mike Rowden, San Dieguito
148	Don Conroy, Mt. Miguel
158	Chip Duncan, Valhalla
170	Mike Gandy, Monte Vista
188	Ken Kestner, Vista
203	David Vurik, Vista
Hwt	Woody Woodburn, Vista

1983

Wt.	Name, School
101	Jim Gosswick, El Cajon Valley
108	John Galkowski, Valhalla
115	Mike Luciana, Monte Vista
122	Rick Herrera, Monte Vista
129	Shown Jorgenson, Monte Vista
135	Jim Mota, Poway
141	Jeff Hockaday, Mt. Carmel
148	Mike Rowden, San Dieguito
158	Jack Duby, Mt. Carmel
170	Chip Duncan, Valhalla
188	Ken Cook, El Camino
203	Chris Rinehart, Monte Vista
Hwt	Jaime Martinez, Oceanside

1984

Wt.	Name, School
101	Beo Tran, Monte Vista
108	John Galkowski, Valhalla
115	Richard Bailey, Valhalla
122	Gilbert Reese, Poway
129	Dan Mathews, Valhalla
135	Mark Gerardi, Valhalla
141	Vic Gerardi, Valhalla
148	Beto Lawler, El Capitan
158	Jim Hurley, San Dieguito
170	Mike Knox, Serra
183	Rick Lambert, San Marcos
194	Tim Hum, Poway
Hwt	LeRoy Ligons, Holtville

WEIGHT CLASS CHAMPIONS

1985

Wt.	Name, School
101	John Grubbs, El Camino
108	Bo Steinbach, El Cajon Valley
115	Troy Vierra, Hilltop
122	Andre Bartlett, El Camino
129	Richard Bailey, Valhalla
135	Tim Briggs, Granite Hills
141	Mark Gerardi, Valhalla
148	Vic Gerardi, Valhalla
158	Andy Hamann, Mt. Carmel
168	Glen Clutter, San Dieguito
183	Larry Sidiropoulos, Helix
194	Harold Jones, Poway
Hwt	Paul Miramingos, El Cajon Valley

1986

Wt.	Name, School
101	John Grubbs, El Camino
108	Juan White, Monte Vista
115	Brad Eagleton, Monte Vista
122	Rich Tarditi, Mt. Miguel
129	Frank Torres, San Marcos
135	John Sargent, Poway
141	Tim Briggs, Granite Hills
148	Mark Gerardi, Valhalla
158	Manuel Diaz-Conti, Mt. Miguel
168	Joseph Damigian, Clairemont
183	Bob Brust, Valhalla
194	Rob Tennett, Valhalla
Hwt	Doug Gann, Orange Glen

1987

Wt.	Name, School
101	Sahne Roselle, Poway
108	John Grubbs, El Camino
115	Mike Murray, Hilltop
122	Tony Cooke, Poway
129	Marty Lewis, Poway
135	Scott Seubert, Valhalla
141	Dave Myers, Granite Hills
148	Aaron Gaeir, Granite Hills
158	Mark Gerardi, Valhalla
168	Brian Wood, Poway
183	Brian Millum, Mt. Miguel
194	Tom Vardell, Granite Hills
Hwt	Robert Malsack, Escondido

1988

Wt.	Name, School
101	John Shields, Mt. Carmel
108	Mike Grubbs, El Camino
115	Tom Hofreiter, El Camino
122	Chris Winkler, Monte Vista
129	Sal Rodriguez, Monte Vista
135	Ken Carlisle, Helix
141	Frank Millsap, Monte Vista
148	Dwight Weevie, Vista
158	Aaron Gaier, Granite Hills
168	Al Martell, Mt. Carmel
183	Eric Stottlemeyer, Mt. Miguel
194	Jim Toten, Holtville
Hwt	Chris Box, Clairemont

1989

Wt.	Name, School
101	Daniel Ramirez, El Camino
108	Hugo Martinez, Escondido
115	Michael Grubbs, El Camino
122	Brian Wallner, Poway
129	Dale Hanover, Poway
135	Ulisses Hernandez, Clairemont
141	Jason Henrick, Valhalla
148	Jake Gaier, Granite Hills
158	Ron Cottrell, Monte Vista
168	Shawn Diamond, San Dieguito
183	Al Martell, Mt. Carmel
194	Dan Stehly, Orange Glen
Hwt	Travis Reed, El Capitan

1990

Wt.	Name, School
101	Daniel Ramirez, El Camino
108	Manny Martinez, Mission Bay
115	Hugo Martinez, Escondido
122	Patrick Mack, Valhalla
129	Byron Campbell, Poway
135	David Koch, Poway
141	Nick Gist, Granite Hills
148	Shawn Bankes, El Cajon Valley
158	Jason Hendrick, Valhalla
168	Ron Cottrell, Monte Vista
183	Mark Beeson, Valhalla
194	Phil Martinez, Carlsbad
Hwt	Eric Johnson, Orange Glen

1991

Wt.	Name, School
103	Angelo Espinelli, Monte Vista
112	Brett Castillo, San Pasqual
119	Patrick Mack, Valhalla
125	Mike Wilkey, Granite Hills
130	Todd Bell, Grossmont
135	Jonathan Fritzherbert, Monte Vista
140	Mark Clark, Helix
145	Byron Campbell, Poway
152	Isaac Romberg, Poway
160	Jason Hendrick, Valhalla
171	Russ Magoffin, Valhalla
189	Craig Threlfall, West Hills
Hwt	Corey Farkas, Poway

1992

Wt.	Name, School
103	Angelo Espinelli, Monte Vista
112	Jacob Roberts, Valhalla
119	Michael Myers, Monte Vista
125	Gregory Miller, Poway
130	Michael Mendoza, Bonita Vista
135	William Rebelez, Monte Vista
140	Todd Bell, Grossmont
145	Eric thompson, Fallbrook
152	Tizoc Dukes, Poway
160	Frederick Funches, Poway
171	Ahmed Hose, Poway
189	Marcos Usquiano, Chula Vista
Hwt	Corey Farkas, Poway

1993

Wt.	Name, School
103	Steve Lee, Poway
112	Jake Roberts, Valhalla
119	Rodolfo Plasencia, Montgomery
125	Rich Salo, Poway
130	Jason Wheeler, Escondido
135	Ricco Morel, Poway
140	Ryan Makita, Escondido
145	Todd Bell, Grossmont
152	Lionel Halsey, RB Vista
160	Willie J. Jones, Lincoln Prep
171	Tom Stehly, Orange Glen
189	Sean Malliet, Poway
Hwt	David Gates, Morse

1994

Wt.	Name, School
103	Moses Delfin, Fallbrook
112	Chris Lopez, Monte Vista
119	Robert Duenas, Escondido
125	David Fossett, Granite Hills
130	Jason Wheeler, Escondido
135	Nick Albert, Granite Hills
140	Jason Goebel, St. Augustine
145	Daniel Mocerri, Valhalla
152	Ryan Mikita, Escondido
160	Lionel Halsey, RB Vista
171	Bill Grivas, Rancho Bernardo
189	Stephen Neal, San Diego
275	Mohammed Farha, Hoover

1995

Wt.	Name, School
103	Moses Delfin, RB Vista
112	Chris Lopez, Monte Vista
119	Kief Zangaro, Scripps Ranch
125	Lucas Factor, Poway
130	Ryan Tate, Mt. Carmel
135	David Fossett, Granite Hills
140	Joshua Factor, Poway
145	Phillip Castillo, Montgomery
152	Demetrio Duran, Poway
160	William L. Halsey, RB Vista
170	Zdravko Divjak, Poway
189	Joshua Saunders, Valhalla
Hwt	Tony Sotelo, Ramona

1996

Wt.	Name, School
103	Jonathan Roberts, Valhalla
112	Andrew Gharst, Poway
119	Cedric Heyman, El Cajon Valley
125	Thomas Juarez, Montgomery
130	Ryan Hunt, Hilltop
135	Ryan McInerney, Poway
140	Marty Cook, Mt. Carmel
145	Josh Factor, Poway
152	Eric Taft, Poway
160	Vincent Anselmo, Escondido
171	Jason Riley, Santana
189	Zdravko Divjak, Poway
215	Naiche Kennedy, La Jolla
275	Tony Sotelo, Ramona

WRESTLING

WEIGHT CLASS CHAMPIONS

1997

Wt.	Name, School
103	Mike Betancourt, RB Vista
112	J.J. Roberts, Valhalla
119	Andrew Gharst, Poway
125	Cedric Haymon, El Cajon Valley
130	Thomas Juarez, Montgomery
135	Ryan McInerney, Poway
140	Lucas Factor, Poway
145	Alex Pelbath, Vista
152	Sergio Garcia, Bonita Vista
160	Michael Peart, Poway
171	Tim Byrd, Poway
189	Jeff Strick, West Hills
215	Travis Wojcik, Fallbrook
Hwt	Lloyd Marshbanks, Vista

1998

Wt.	Name, School
103	Josh Ramirez, RB Vista
112	J.J. Roberts, Valhalla
119	Aaron Gharst, Poway
125	
130	Andrew Gharst, Poway
135	Brody Barrios, Poway
140	Josh Delfin, RB Vista
145	Gary Colle, Poway
152	Bryan Pogue, La Costa Canyon
160	David Galindo, Poway
171	Joe Hurtado, Valhalla
189	Mike Atwood, La Costa Canyon
215	Travis Wojcik, Fallbrook
275	Fred Wong, Poway

1999

Wt.	Name, School
103	David Lopez, Valhalla
112	Dan Dody, Poway
119	Andy Kim, Poway
125	Marc Farrell, Poway
130	Ron Major, Hilltop
135	Randy Blackwood, West Hills
140	Bradley Palvick, Valhalla
145	Greg Baird, Poway
152	Brody Barrios, Poway
160	Wesley Tieliens, Carlsbad
171	John Mansour, Carlsbad
189	Marco Malta, St. Augustine
215	Greg Harrington, Valhalla
275	Kalvin Barrett, Monte Vista

2000

Wt.	Name, School
103	Patrick Payne, Poway
112	Jeff Bridge, West Hills
119	Andy Kim, Poway
125	Dave Pearson, RB Vista
130	Dan Pearson, RB Vista
135	Keith Kroeger, Granite Hills
140	Alexis Smith, Imperial
145	Mike Champagne, Mt. Carmel
152	Greg Baird, Poway
160	Brody Barrios, Poway
171	Ryan Halsey, RB Vista
189	Joe Mueller, Mt. Carmel
215	Jordan Everett, Grossmont
275	Taylor Schmidt, Escondido

2001

Wt.	Name, School
103	Tran Nguyen, Mt. Carmel
112	Chris Garcia, Santana
119	Jose Reyes, Brawley
125	Jacob Angel, Poway
130	Andy Kim, Poway
135	Paul Baird, Poway
140	Dave Pearson, RB Vista
145	Keith Kroeger, Granite Hills
152	Dan Pearson, RB Vista
160	Scott Cleve, Escondido
171	Ryan Halsey, RB Vista
189	Jesse Taylor, Poway
215	Brandon Mead, Poway
275	Mike Keller, San Pasqual

2002

Wt.	Name, School
103	Brady Johnson, La Costa Canyon
112	Joe Baker, Poway
119	Chris Garcia, Santana
125	Jeremiah Davis, Monte Vista
130	Matt Morton, Valhalla
135	Patrick Payne, Poway
140	David Salas, Escondido
145	Paul Baird, Poway
152	Dale Siscon, West Hills
160	Bull Nelson, Valley Center
171	Steve Williams, Vista
189	Mike Williams, Poway
215	Eric Parker, Ramona
Hwt	Nikola Dragovic, RB Vista

2003

Wt.	Name, School
103	Mick Ruis, Poway
112	Sergio Santillan, Hilltop
119	Joe Baker, Poway
125	Abraham Gross, Poway
130	Elwin Warsh, Poway
135	Dean Kinports, Valhalla
140	Patrick Payne, Poway
145	Ryan Williams, La Costa Canyon
152	Paul Baird, Poway
160	Alexis Cano, Eastlake
171	Eddie Connor, El Centro Southwest
189	Brandon Halsey, RB Vista
215	Chris Campbell, Vista
Hwt	Nikola Dragovic, RB Vista

2004

Wt.	Name, School
103	Keith Juengst, Valhalla
112	Sergio Santillan, Hilltop
119	Todd Schavrien, Poway
125	Bobby Velasco, Brawley
130	Ryan Vidaurri, Fallbrook
135	Elwin Warsh, Poway
140	Spencer Swarts, Poway
145	Randy Vasquez, Scripps Ranch
152	Ryan Williams, La Costa Canyon
160	Tyler Fuchs, Poway
171	Ryan Nejal, Scripps Ranch
189	Jeff May, LCC
215	Brandon Halsey, RB Vista
Hwt	Nathaniel Skaggs, R. Bernardo

2005

Wt.	Name, School
103	Joey Boone, Poway
112	Marlon Frausto, Eastlake
119	Eddie Garcia, Calexico
125	Todd Schavrien, Poway
130	Nick Blair, Kearny
135	Ron Blair, Kearny
140	Elwin Warsh, Poway
145	Willy Leon, Vista
152	Sam Rodriguez, San Pasqual
160	Gibran Maciel, Mission Bay
171	Cesar Rocha, Palo Verde
189	Matt Methling, Vista
215	Colton Nichols, Poway
Hwt	Wes Fenton, El Capitan

2006

Wt.	Name, School
103	George Flores, Poway
112	Tim Boone, Poway
119	Joe Boone, Poway
125	Todd Schavrien, Poway
130	Ivan Arevalo, Brawley
135	Hawken Ruiz, Poway
140	Todd McKay, Mt. Carmel
145	Clayton MacFarlane, Poway
152	Anthony Meza, Vista
160	Shane Macedo, Rancho Bernardo
171	Greg Prioleau, Poway
189	Cory Lehman, Poway
215	Alex Trueblood, Vista
Hwt	Jericho Maxwell, Crawford

2007

Wt.	Name, School
103	Bryan Grubbs, La Costa Canyon
112	Henry Yorba, Poway
119	Mike Hernandez, Poway
125	Tim Boone, Poway
130	Joe Boone, Poway
135	Elliott Dennis, La Costa Canyon
140	Brad Robinson, Poway
145	Anthony Meza, Vista
152	Anthony Almanza, Poway
160	Seth Rehn, Vista
171	Travis Brown, Poway
189	Robin Peak, Mountain Empire
215	Jordan Taghvai, Carlsbad
Hwt	Trent Smith, Rancho Buena Vista

2008

Wt.	Name, School
103	Bryan Grubbs, La Costa Canyon
112	Nick Schavrien, Poway
119	Mike Hernandez, Poway
125	Chris Escobar, Vista
130	Henry Yorba, Poway
135	Tim Boone, Poway
140	Dustin Hernandez, La Costa Canyon
145	Tim Randall, La Costa Canyon
152	Anthony Meza, Vista
160	Kyler Hasson, Santa Fe Christian
171	Ian Daube, Poway
189	Matt Herman, Poway
215	Chris Crosthwaite, Poway
Hwt	Trent Smith, Rancho Buena Vista

WEIGHT CLASS CHAMPIONS

2009

Wt. Name, School

103 Daniel Romero, Carlsbad
 112 Alfonso Osuna, Brawley
 119 Jesse Taylor, Poway
 125 Ben DeMeulle, Westview
 130 Henry Yorba, Poway
 135 Conrad Sneill, Poway
 140 Josh Hotta, Vista
 145 Tim Randall, La Costa Canyon
 152 Jacob Poliakoff, Poway
 160 Ian Roy, Poway
 171 Gabe Brown, Poway
 189 Ian Daube, Poway
 215 Moses Chariez, Escondido
 Hwt John Castle, Poway

CIFSDS COACHES AND HALL OF CHAMPIONS/

MEDIA WRESTLER OF THE YEAR

1966 — Glen Takahashi, Monte Vista
 1967 — Jerry Robinson, Mt. Miguel
 1968 — Unknown
 1969 — Dan Kida, Monte Vista
 1970 — Richard Ortega, Morse
 1971 — Jeff Howell, Santana
 1972 — Peter Caulk, Coronado
 1973 — Warren Nikuls, Orange Glen
 1974 — Unknown
 1975 — Tom Mount, Mt. Miguel
 1976 — Tom Mount, Mt. Miguel
 1977 — Marcus Sims, El Camino
 (Tourney)
 1978 — Eric Blakeslee, Vista and
 Tony Arellano, Helix
 1979 — Greg Williams, USDHS and
 Mike Hartley, El Cajon Valley
 1980 — Frank Meyer, Mt. Empire
 1981 — Ron Boehmke, Valhalla
 1982 — Ken Kestner, Vista
 1983 — Chip Duncan, Valhalla and
 Jeff Hockaday, Mt. Carmel
 1984 — Rick Lambert, San Marcos
 1985 — Mark Gerardi, Valhalla and
 Bo Steinbach, El Cajon Valley
 1986 — Mark Gerardi, Valhalla and
 John Grubbs, El Camino
 1987 — Mark Gerardi, Valhalla
 1988 — Shane Roselle, Poway and
 Aaron Gaier, Granite Hills
 1989 — Dwayne Buth, Mt. Miguel
 1990 — Manny Martinez, Mission Bay
 1991 — Jason Hendricks, Valhalla and
 Patrick Mack, Valhalla
 1992 — Gail Miller, Mt. Carmel
 1993 — Jason Barber, Poway
 1994 — Jason Wheeler, Escondido
 1995 — Moses Delfin, RB Vista and
 Lionel Halsey, RB Vista
 1996 — Zdravko Divjak, Poway
 1997 — Cedric Haymon, El Cajon Valley

1998 — Andrew Gharst, Poway
 1999 — Brody Barrios, Poway
 2000 — Brody Barrios, Poway
 2001 — Ryan Halsey, RB Vista
 2002 — Paul Baird, Poway
 2003 — Patrick Payne, Poway
 2004 — Ryan Williams, La Costa Canyon
 2005 — Colton Nichols, Poway
 2006 — Todd Schavrien, Poway
 2007 — Joe Boone, Poway
 2008 — Anthony Meza, Vista
 2009 — Henry Yorba, Poway

INDIVIDUAL STATE CHAMPIONS

1973 — Robbie Viera, El Cajon (133 pds.)
 Joe Whipple, Santana (145)
 1974 — John Sison, Mount Miguel (95)
 1975 — Mike Applegate, Monte Vista (127)
 1976 — Chris Benintende, Monte Vista (133)
 1979 — Greg Williams, USDHS (133)
 1982 — Kenny Kestner, Vista (185)
 1984 — Rick Lambert, San Marcos (175)
 1985 — Bo Steinbach, El Cajon Valley (105)
 Mark Gerardi, Valhalla (138)
 1986 — John Grubbs, El Camino (98)
 Mark Gerardi, Valhalla (145)
 1987 — John Grubbs, El Camino (105)
 Mark Gerardi, Valhalla (154)
 1988 — Shane Roselle, Poway (105)
 1989 — Dwayne Buth, Mt. Miguel (165)
 1991 — Patrick Mack, Valhalla (119)
 Jason Hendrick, Valhalla (160)
 1992 — Gail Miller, Mt. Carmel (125)
 1998 — James Guizar, Imperial (119)
 Joe Hurtado, Valhalla (171)
 1999 — Brody Barrios, Poway (152)
 Fred Wong, Poway (Hwt)
 2000 — Brody Barrios, Poway (160)
 Taylor Schmidt, Escondido (Hwt)
 2001 — Ryan Halsey, RB Vista (171)
 Juan Mora, RB Vista (135)
 2002 — Paul Baird, Poway (145)
 2003 — Joe Baker, Poway (119)
 Paul Baird, Poway (152)
 2004 — Ryan Williams, LC Canyon (152)
 2005 — Colton Nichols, Poway (215)
 2006 — Todd Schavrien, Poway (125)
 2007 — Joe Boone, Poway (130)
 Anthony Meza, Vista (145)
 2008 — Anthony Meza, Vista (152)
 2009 — Henry Yorba, Poway (130)
 Ian Daube, Poway (189)